



# YOO® User Guide

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U.S and International patents pending.  
Product ID: YX2500/YX2700

## Welcome to YOO!

YOO is an easy to use Activity Tracker that records every step you take during the day and syncs with your smart phone where you can view other stats like distance-traveled, calories-burned and points-earned in the YOO Challenge.

Now let's get started....

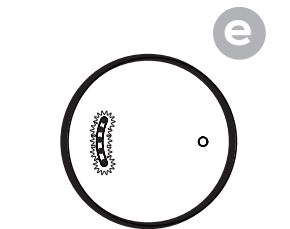
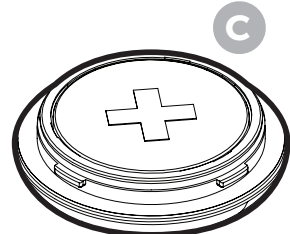
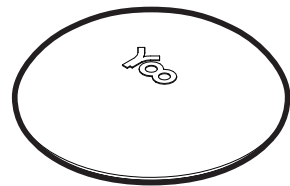
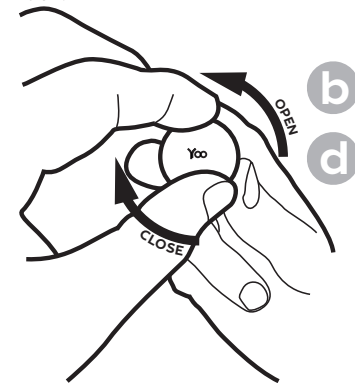
### STEP 1: Activate YOO®

YOO is in SNOOZE MODE.

To activate:

- a Remove the battery from the packaging.
- b Place your thumb and forefingers on the top and bottom sides of YOO and twist to open.
- c Once open, insert the battery as shown in the image. The side that shows the "+" symbol should be facing up.
- d To close, align the top and bottom sides back together and twist to seal.
- e When YOO is properly sealed you will see LED lights race back and forth for 5 seconds and then stop

YOO is now activated and ready to rock!

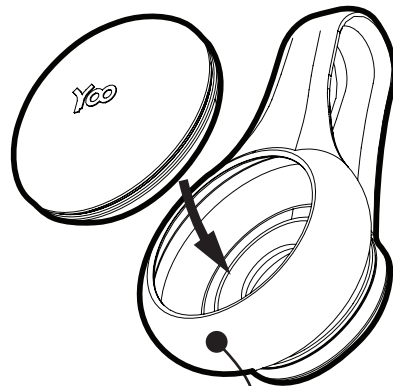
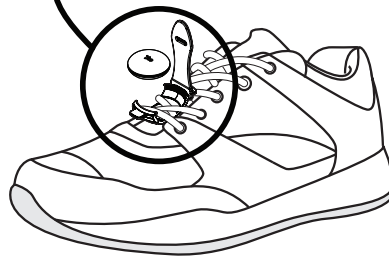
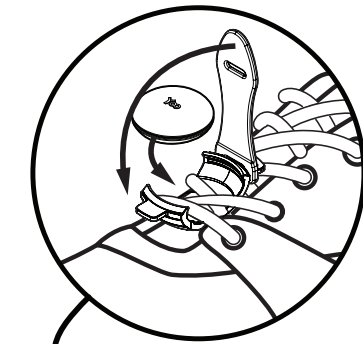


Lights will race back and forth when YOO is sealed!!!

### STEP 2: Attach YOO® Clip

- 1. Snap YOO into the shoe/belt loop clip or slide into the Trackit Jacket™.
- 2. Clip it on securely to your shoe or clothing and start walking, moving, grooving or whatever gets you going.

**Important:** For better accuracy be sure YOO is tightly secured to you and not swinging or bouncing in a pocket.



Trackit Jacket

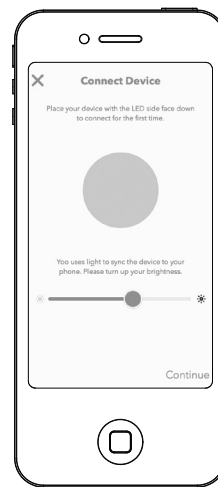


### STEP 3: Download YOO® App

- 1. You'll need to download the YOO App next.
- 2. Go to the APP store or Google Play and download it for Free.
- 3. Follow the on-screen instructions to set up your YOO Account and pair YOO to your phone.

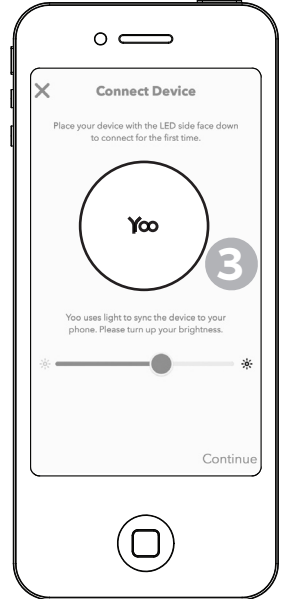
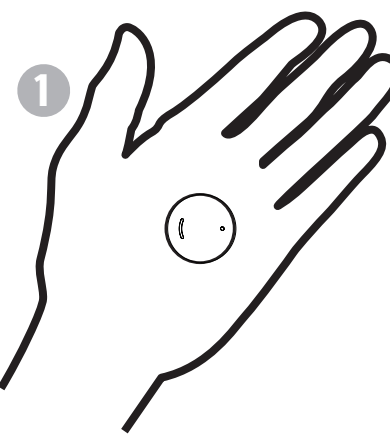
**Important:** To view a listing of compatible smart phones, go to:

[www.YooChallenge.com/compatibility](http://www.YooChallenge.com/compatibility)



### STEP 4: Sync YOO® to Phone

- 1. With YOO logo-side down, double-tap the device.
- 2. The LED's will light up and move back and forth to indicate that you are in SYNC MODE.
- 3. Place YOO logo-side up on the SYNC SCREEN on the YOO App.
- 4. Wait while the YOO uploads your data to the APP. This takes about 30 seconds.
- 5. If sync is successful 5 LEDs will flash. If not 2 LEDs will flash and you will need to try again.



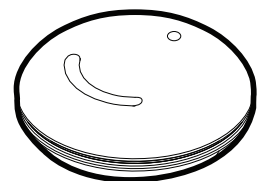
**Important:** YOO uses light and sound to communicate with your phone. So it's best to sync YOO indoors and in a quite surrounding.

**Also, for better results, turn up the brightness on your phone. This makes syncing easier for YOO.**

### STEP 5: Activate YOO® Lights

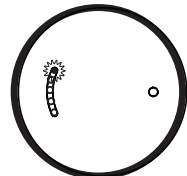
- 1. Your YOO has LED lights built-in to reveal your progress.
- 2. With your finger tip gently tap your YOO ONCE with the logo side facing your palm.
- 3. One or more lights will flash. The chart below explains what each light represents.

**Important:** YOO uses LED lights to communicate progress towards your goal. Your step goal is pre-set at 10,000/day but you can track to a different goal on the app. The key to the YOO Challenge is earning Points for the NEW YOO and there are lots of ways to do that other than recording steps. Start using the App and you will find out how!

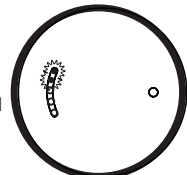


% to Goal LEDs activated

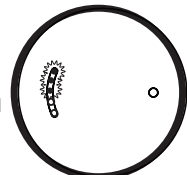
0% - 24%  
1 LED activated



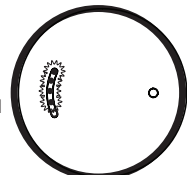
25% - 49%  
2 LEDs activated



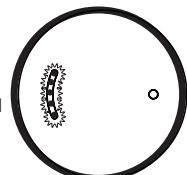
50% - 74%  
3 LEDs activated



75% - 99%  
4 LEDs activated



100%  
5 LEDs activated

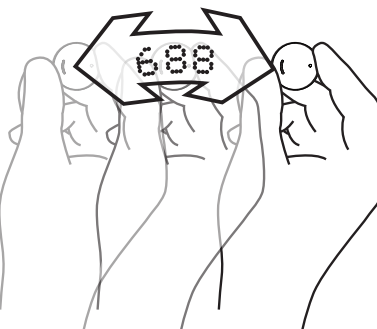


### How to Activate Air Show

YOO doesn't have a traditional display but there is a cool way to view your progress and it's called Air Show. Here's what you do:

1. Tap the LED side of YOO ONCE with the tip of your finger to activate the LED lights.
2. Hold YOO with the LEDs positioned vertically (perpendicular to the ground).
3. Wave the devices from left to right and you will see your current step count appear in the air.
5. Waving YOO to reveal your progress will NOT create false step counts.

**Important:** YOO will reset to 0 Steps at 12:00 AM every day. This will not erase the data stored in memory on your YOO.



If left-handed, hold YOO with forefinger next to LED lights instead of thumb.

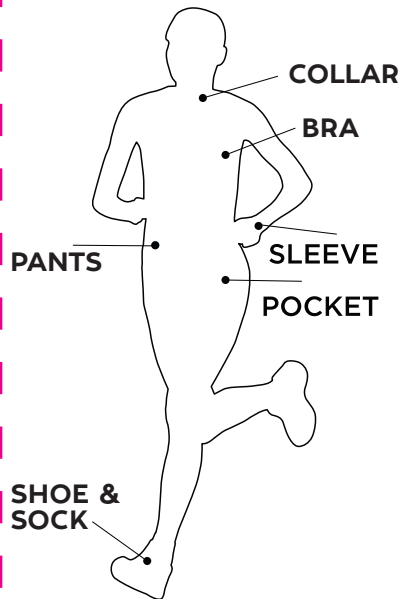
### Where to Wear YOO®

If you purchased the original YOO it comes with a shoe clip. It can also clip to a belt loop.

If you purchased YOO + Trackit Jacket the magnet clip will fasten to a sleeve, collar or waistband.

YOO can also be stored without a clip in a pocket, sock or bra.

### CLIPS TO:

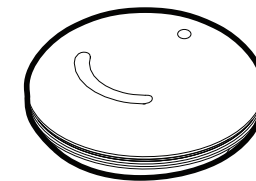
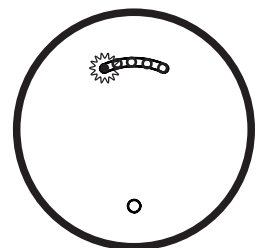


### What Do I Need to Know About the Battery?

YOO uses a CR2032 3V lithium battery. Hopefully you won't have to become a battery expert because this little guy should last up to one year. If you do need a new battery you can purchase one at most super markets and pharmacies.

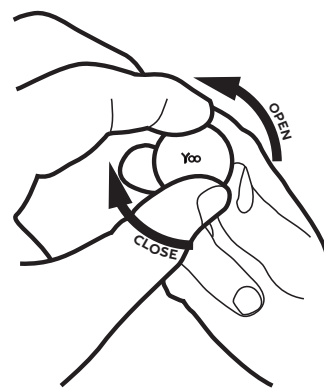
### Low Battery Alert

If your battery power is low, the far left LED light will flash every 5 minutes to indicate that it is time to change your battery.



### Battery Replacement

1. Go to a local supermarket or pharmacy and buy a CR2032 Lithium Battery.
2. Place your thumb and forefingers on the top and bottom sides of the YOO and twist to open.
3. Once open, remove the old battery and dispose of properly and safely.
4. To close, align the top and bottom sides back together and twist to seal.
5. When YOO is properly sealed you will see all 5 LED lights flash.



### YOO® Memory

YOO can store up to 7 days of activity. However, it doesn't really want to because you're supposed to be syncing to the YOO App daily and getting bonus points for doing so!

### Full Memory Alert! Don't Freak Out!

If the memory is full the far left and right LED lights will blink together every 5 minutes. This means it's time to sync to the YOO App.

### Care and Maintenance

Here are some smart things you can do to care for YOO.

Clean YOO with a soft dry cloth. Do not use any abrasive cleansers. Do not immerse YOO in water. Store YOO in a safe and dry place. Do not subject YOO to shock, extreme heat or long-term exposure to direct sunlight. Remove the YOO battery if the device will not be used for longer than three months. Yoo Trackit Jacket® contains a strong magnet so be careful using around electrical equipment and medical devices.

### YOO® Support

If you have any questions or need help with YOO, please call us Monday - Friday from 9am to 5pm EST at 1-866-241-0276 or email us at Help@YOOChallenge.com. We'll do our very best to help!

1-866-241-0276

### Warranty

For purchases made in the U.S and Canada. If at any time within one (1) year from the purchase date of this product, it fails to perform properly due to defects in material, workmanship or manufacturing, please return it prepaid with your Proof of Purchase to:

YOO Fitness, LLC,  
Returns Department  
15 Timber Lane, Marlboro, NJ 07746.

### Replacement

Your YOO device has been carefully designed, manufactured and packaged. If any parts are missing or damaged please return it to the above address and we will replace it free of charge. Please do not return your YOO device to the store where you purchased it.

### FCC Compliance

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference.
2. This device must accept any interference, including interference that may cause undesired operation of the device.

You are cautioned that changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and,

if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device meets the FCC and IC requirements for RF exposure in public or uncontrolled environments.

### Environmental Conditions

- YOO is water-resistant but not water-proof. It should not be used while swimming or submerged.
- Operating temperature: 32° to 104° F (0° to 40° C)
- Non-operating temperature: -0° to 130° F (-17.7° to 54.4° C)

### Battery Safety Information

- Non-rechargeable batteries are not to be recharged
- Do not mix alkaline, standard (carbon-zinc), or rechargeable (nickel-cadmium) batteries
- Exhausted batteries are to be removed
- Do not dispose of batteries in fire; batteries may explode or leak
- Do not dispose of product in fire; batteries may explode or leak
- The supply terminals are not to be

- short-circuited
- Batteries are to be inserted with correct polarity
- Clean the battery contacts and also those of the product prior to battery installation
- As always, dispose of batteries in an eco-friendly manner

### Warnings and Cautions

It is recommended that you consult with a doctor before starting any fitness program. Additionally please be advised of the following:

- Follow all instructions and use only as intended.
- Do not tamper with your YOO.
- YOO is not a toy or a medical device.
- Do not use abrasive cleaners to clean your YOO.
- Do not place your YOO in a Dishwasher, Washing Machine or Dryer.
- Do not expose your YOO to extremely high or low temperatures.
- Do not leave your YOO in direct sunlight for an extended period of time.
- Do not leave your YOO near open flames.
- Do not attempt to your YOO, it does not contain serviceable components.



The symbol on the product or its packaging signifies that this product has to be disposed separately from ordinary household wastes at its end of life. Please kindly be aware that this is your responsibility to dispose electronic equipment at

recycling centers so as to help conserve natural resources. For information about your recycling drop off point, please contact your local electrical and electronic equipment waste management authority.

### Child Safety

YOO and its accessories contain small parts which can be a choking hazard. Please keep away from small children.



### Magnet Warning

YOO Trackit Jacket™ contains strong magnets which could cause electronic equipment to malfunction. If you use a medical device of any kind please consult your physician and the manufacturer of your medical device before handling or using the YOO Trackit Jacket™.

